



23rd Annual Women Living Spiritually Retreat

Oct. 4th, 5th & 6th, 2019

“Pick up the simple kit of spiritual tools laid at our feet”

About our logo....

A feminine form of the tree of life was chosen to represent our retreat because of its symbolism. The tree of life symbolizes a fresh start, positive energy, good health & a bright future. The roots show strength and origins (where we've come from) and the branches show growth (where we have yet to go). The stability & structure of the trunk, in female form, signifies that we are standing firm, enduring the greatest of challenges.

Much like our recovery, *“A tree grows old, yet it bears seeds that contain its very essence and in this way, the tree becomes immortal”*.

Recovery lives on in each of us and as we share our experience, strength & hope with each other, we drop seeds so that our program will remain for all who need it.

This logo will be featured on NEW t-shirts and coffee mugs this year!!

These will be for sale at the retreat!

WHAT TO EXPECT: an entertaining skit, opportunities for service, meetings, meditation, drumming circle, fellowship, celebration of sobriety, reflection, workshops, delicious food, raffle, light hiking, campfires, and more!!

DON'T FORGET: There is now an online registration and payment option, a private Facebook page, and a **5:30pm check-in time!**

WHAT TO BRING:

- BIG BOOK, 12x12, JOURNAL OR NOTEBOOK
- SNACK TO SHARE, no regular meal scheduled for Friday night
- SODA, if you prefer
- RAFFLE TABLE ITEM, *LIMIT-2*
- RECOVERY BOOK, to give away
- LAWN CHAIRS
- PERCUSSION INSTRUMENT, for drumming circle

CAMP PROVIDES:

- BED LINENS
- BREAKFAST, LUNCH AND DINNER on Sat
- BREAKFAST on Sun
- PLENTY OF COFFEE, TEA & WATER
- FIREWOOD

The theme for this year's retreat, “Spiritual Tool Kit”, comes from our Big Book, Chapter 2-“THERE IS A SOLUTION”.

“When, therefore, we were approached by those for whom the problem had been solved, there was nothing left for us but to pick up the simple kit of spiritual tools laid at our feet. We have found much of heaven and have been rocketed into a fourth dimension of existence of which we had not even dreamed.

The great fact is just this, and nothing less: That we have had deep and effective spiritual experiences which have revolutionized our whole attitude towards life, towards our fellows and towards God's universe.” - pg. 25, ACOHOLICS ANONYMOUS